**Other References**: Philippians 4:16; Romans 12:2, Colossians 3:1-4; 1 Corinthians 2:14-16; Isaiah 26:3; Romans 8:17 TPT; Hebrews 10:35-36

**Books:**

Mindset: The New Psychology of Success by Carol S. Dweck, Ph. D.

Switch on Your Brain by Dr. Caroline Leaf

Battlefield of the Mind by Joyce Meyer

Check out C.J. Luckey songs on YouTube: – 1) *Power of Yet* 2) *Yes, I Can* 3) *Power of Mistakes*

**Main Points:**

1. **Fixed Mindset** – You either have it or you don’t (gifted or not). For example, I can’t memorize scriptures.
   * John McEnroe – His bad tennis game was everyone else’s fault
   * Servant with 1 talent – buried it
   * Moses – I don’t speak well - I’m a stutterer
2. **Growth Mindset** – You can do anything if you put in the time and effort. Takes work. For example, I haven’t memorized scripture YET.
   * Michael Jordan – cut from the team/drove him to work harder & put in long hours
   * Joshua and Caleb- they saw possibilities that the other 10 spies didn’t see
   * Deciding that you are not failing, you’re learning
3. **Heavenly Mindset –** Your mind, instructed by your human spirit, connected to a Holy Spirit in a heavenly place.

* Rejecting everything that is not from God
* Developing a life of continual discipline
* Fostering healthy fellowships
* Developing a consistent prayer life

*In any given moment we have two options: to step forward into*

*growth or to step back into safety.*

~ Abraham L. Maslow

**Self-Reflection Questions:**

1. In what specific area is God wanting you to grow in this term? (ex. fruit of the spirit, a spiritual discipline, etc.)
2. Where is a good environment for you to be stretched and challenged in ministry, community and social action?
3. How can you encourage yourself to turn your mistakes or challenges into opportunities for growth (ex. Mess into a message; a test into a testimony)?

**NOTES**